



Please return this form to:

The Secretary
St. Mary's Spirituality Centre
Hatton Road
Perth PH2 7BP
Scotland UK

The retreat directors

Fr. Jim McManus has conducted retreats on the Spirituality of True Self-Esteem in many part of the world. Last year he published a best selling book on this theme. **Sr. Germaine O'Neill** has lectured on counselling in the Jesuit Scholasticate in Nairobi, Kenya and is an experienced retreat director.

Accommodation: A lift serves two floors of the building.

(If you had to climb one flight of stairs to the third floor would that be a problem for you? Please indicate: Yes __ No __)

Please indicate any special dietary requirements below.

Perth is well served by both rail and coach networks with direct daily services from London and other major cities. Edinburgh airport is within easy access We can arrange a shuttle taxi service from the airport to St. Mary's. St. Mary's is a short taxi journey from the centre of Perth.

KINNOULL Redemptorist Institute of Spirituality

Healing in the Spirit A Spirituality of True Self-Esteem

23—27 August 2010

**Led by Fr. Jim McManus C.Ss.R.
& Sr. Germaine O'Neill.**

God says to each of us, "You are precious in my sight." (Isaiah, 43: 4)
Each new day we gratefully begin again to live this life-giving word. During our retreat we will look at new ways for doing that.



**St. Mary's, Hatton Rd
Kinnoull,
Perth PH2 7BP,
Phone: 01738 624075**

Further details on all our Courses and Retreats can be found on our Website.

Email: stmaryskinnoull@btconnect.com

Website: www.Kinnoullmonastery.org

“With Him there is Plentiful Redemption”

The spirituality of true self-esteem is based on the word of God. It is our response to God's life-affirming word that we are "precious in his sight". The appropriate response to that word is to have a high regard for oneself and to live accordingly.

Self has been defined as "my capacity for God". Self is, therefore, capable of constant growth and development. A healthy spiritual development requires a holistic spirituality, a spirituality of true self-esteem.

The spirituality of true self-esteem is the fruit of many different forms of renewal in the church—renewal in the word of God, the charismatic renewal, the renewal of the healing ministry, especially inner healing.

The great Dominican theologian, Cardinal Congar, said that “The Church is rediscovering a forgotten form of ministry—that of healing”. This rediscovery is taking place in our own day. We have become much more conscious that God’s word is life-giving. More and more people are turning to the word of God for inner healing and peace..

A healthy spirituality is vital for our personal happiness and well being. It is also vital for our work and ministry, especially if we are responsible in any way for the formation of others.

This week on the spirituality of true self-esteem will give you the opportunity to take a fresh look at the ways in which healing is being rediscovered in our day.

Participants arrive on the evening the 23rd. and depart after breakfast on the 27th. .

BOOKING FORM

23 - 27 August 2010

Enter the details and return form with a non-refundable deposit of £50 per person. (Sterling)

Cheques should be made payable to St. Mary’s Kinnoull.

Name(s) title(s) : _____

Address: _____

Town: _____

Country: _____

Post Code: _____

Phone: _____

Email: _____

Number of single rooms required? _____

Number of Twin rooms required? _____
(Concessions for two sharing)

The total fee invited for this course at St. Mary’s Spirituality centre is £270 Sterling).

The Redemptorists in Scotland

Charity no: Scotland SCO393359 England and