



Please return this form to:

The Secretary  
St. Mary's Spirituality Centre  
Hatton Road  
Perth PH2 7BP  
Scotland UK

Dr James Urquhart is an independent organisational consultant. During his academic career he lectured at the University of St. Andrews, Scotland, and University College, Cork. He took his doctorate in the psychology of leadership decision-making at the University of St. Andrews. He has consulted to many international public and private sector organisations. In addition he has led leadership programmes for Congregational Leaders, Head Teachers and parish priests at St. Mary's as well as teaching on an International Leadership Development Programme in Suore di Reparatrice, Rome, and consulting to a number of General Councils in Rome.

**Accommodation:** A lift serves two floors of the building.

*(If you had to climb one flight of stairs to the third floor would that be a problem for you? Please indicate: **Yes** \_\_\_ **No** \_\_\_ )*

*Please indicate any special dietary requirements below.*

*m i s s i o n*

*Perth is well served by both rail and coach networks with direct daily services from London and other major cities. Glasgow and Edinburgh airports are within easy access. St. Mary's is a short taxi journey from the centre of town.*

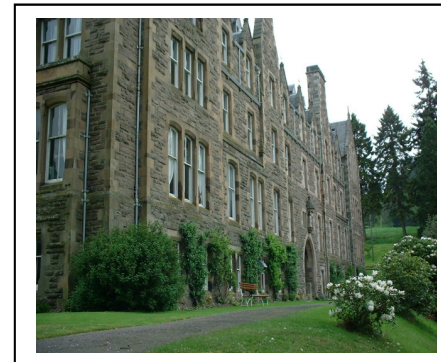
# KINNOULL Redemptorist Centre of Spirituality

## Leading in a time of Transition An Integrated Leadership Course

**Dr Jim Urquhart MA, MBA Ph. D**

**25—29 January 2010**

The purpose of this course is to give Congregational leaders the opportunity to come together and reflect, under the guidance of a highly experienced psychologist and facilitator, on the social and spiritual dynamics of entry to and exit from different roles in community. Help in managing personal, transitional change can be of great benefit to leaders.



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# An Integrated Leadership Course in Coping with Transition

This programme draws its inspiration from three sources:

## 1. **A Holistic Spirituality**

A faith-filled space of theological reflection will be offered to participants to enable the process of discernment for those involved in transition.

## 2. **Process and Praxis**

The ongoing experience of participants in their leadership roles is the basis for learning and reflection. The methodology named 'double task' can develop deeper understanding of the challenges involved in leaving a leadership role.

## 3. **Emotional Intelligence**

Much recent research has focused on the importance of the role of emotional intelligence in leadership. Initiating, building, sustaining and leaving relationships with communities require highly developed emotional competences. Participants will be offered the opportunity to take an online emotional Intelligence psychometric questionnaire (EQ-I) prior to the programme and receive a confidential feedback and coaching during the programme.

*Dr Urquhart explains why he uses the BarOnEmotional Quotient Inventory (EQ-1): "The EQ-1 is recognised as the world's most robust Assessment of the competencies required to successfully work with, manage and lead people. It is designed to provide insight into a person's particular strengths and also to indicate the areas where development could take place. These competencies are clustered : INTRA-personal; INTER-personal' ;Stress Management' ; Adaptability and General Mood".*

Congregational leaders and members of their Council have found Dr Urquhart's approach both informative and very practical. For maximum benefit and participation the numbers of participants are restricted to 10.

## *BOOKING FORM*

Please enter details and return form with a non-refundable deposit of £50 per person. (Sterling).  
*Cheques should be made payable to St. Mary's Kinnoull.*

*Name :* \_\_\_\_\_

*Address:* \_\_\_\_\_

*Town:* \_\_\_\_\_

*Country:* \_\_\_\_\_

*Post Code:* \_\_\_\_\_

*Phone:* \_\_\_\_\_

*Email:* \_\_\_\_\_

*Number of single rooms* \_\_\_\_\_

*The total fee invited for the Integrated Leadership course at St. Mary's Spirituality Centre is £450 (Sterling).*

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